

FINAL ANNOUNCEMENT

16th Continuing Professional Development (CPD) Series:

Organised by

NADI NATIONAL
DIABETES
INSTITUTE
CENTRE OF EXCELLENCE-DEDICATED TO DIABETICS

Endorsed by



Ministry of Health Malaysia



9th DIABETES COMPLICATIONS Conference & Grand Rounds

April 21 - 23, 2017

Kuala Lumpur, Malaysia



HOTEL ISTANA

73, Jalan Raja Chulan
50200 Kuala Lumpur, Malaysia



Secretariat: 9th 'DIABETES COMPLICATIONS' Conference & Grand Rounds
NATIONAL DIABETES INSTITUTE (NADI)

No. 1, Jalan SS 3/50, 47300 Petaling Jaya, Selangor, MALAYSIA

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NADI Continuing Professional Development Series:

“DIABETES COMPLICATIONS” CONFERENCE & GRAND ROUNDS

Prevalence of diabetes mellitus, especially of type 2, is on the increase. This rise is most marked in developing countries, Malaysia included. The increasing number of people with diabetes is compounded with the added burden of the chronic complications of the disease which remain an important cause of morbidity and premature mortality for those affected, and a huge challenge to healthcare providers.

To help address these issues, the National Diabetes Institute (NADI) of Malaysia, organises “Diabetes Asia Conference” (DAC) annually since its inception in 2002 as a Continuing Professional Development (CPD) initiative on diabetes and related diseases. The “Diabetes Complications” Conference & Grand Rounds (DCOM) was first introduced in 2009 to provide specific focus on diabetic complications.

Objectives of “DIABETES COMPLICATIONS”:

Conference & Grand Rounds

The Continuing Professional Development (CPD) Series as “Diabetes Complications” Conference & Grand Rounds aims to help in the prevention and effective management of diabetic complications especially in relation to diabetic foot, cardiovascular disease, retinopathy and nephropathy. **The emphasis is on recent advances and practical aspects in the prevention and effective management of diabetic complications.**

Participants are expected to be able to:

- appreciate recent advances and practical aspects of diabetes care, especially in relation to prevention, early diagnosis and optimal management of diabetic complications.
- apply knowledge gained during the “Diabetes Complications” Conference & Grand Rounds to further improve care for persons with diabetes in the community.

Who Should Attend

Healthcare professionals responsible for managing persons with diabetes including:

- Medical and Surgical Specialists
- General Practitioners
- Medical and Health Officers
- Trainee Lecturers
- Pharmacists
- Nursing Practitioners
- Diabetes Educators
- Dietitians
- Medical Assistants



IMPORTANT

Please note that
registration starts at 0700
and Plenary at 0815

Thank you.

The “Diabetes Complications” Conference & Grand Rounds will emphasise on **recent advances** and **practical aspects** in the management of diabetic complications.

Organising Committee

Patron

YABhg. Tun Dr. Mahathir Mohamad

Advisor

Professor Dato' Anuar Zaini Md. Zain

Chairman

Emeritus Professor Dato' Mustaffa Embong

Secretary

Dato' Dr. Nor 'Aini Abu Bakar

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Associate Professor Tajunisah Begam Mohamed Iqbal

Dato' Dr. David Chew Soon Ping

Dato' Dr. Zaki Morad Mohamad Zaher

Dr. Harikrishna K. Ragavan Nair

Sabah & Sarawak Representative

Dr. William Voon Yu Huat

Conference Coordinator

Ms. Amelia Noor Zuber

Fund Raising & Exhibition

Ms. Melissa Zaiton

Audiovisual

Mr. Kamarulzaman Othman (Audiovisual)

Mr. Zamri Husin (Video & Photography)

Secretariat

Dato' Dr. Nor 'Aini Abu Bakar (Chairperson)

Ms. Azizah Mohd Noor

Social Events and Tours

Ms. Azizah Mohd Noor

International Advisory Board

Emeritus Professor Augusto D. Litonjua, *Philippines*

Professor Clive S. Cockram, *Hong Kong*

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Professor Luc Van Gaal, *Belgium*

Professor Morsi Arab, *Egypt*

Professor Philip Home, *United Kingdom*

Professor Thep Himathongkam, *Thailand*

Professor Timothy Davis, *Australia*

Professor Xu Zhang Rong, *China*

International Resource Persons*

1. Professor Abdul Basit, *Pakistan* (Confirmed)
2. Professor Lesley V. Campbell, *Australia* (Confirmed)
3. Professor Sehnaz Karadeniz, *Turkey* (Confirmed)
4. Associate Professor Alice P. S. Kong, *Hong Kong* (Confirmed)

*Subject to confirmation

About the National Diabetes Institute (NADI)

The National Diabetes Institute (NADI) is established to provide a dedicated and comprehensive service for diabetics, to prevent and control diabetes, its complications and associated diseases.

NADI is a **non-profit, Non-Governmental Organisation (NGO)** managed by a Board of Trustees with our former Prime Minister YABhg. Tun Dr. Mahathir Mohamad as Patron.

The Board of Trustees comprises of Founding and Elected members and representatives from the Malaysian Endocrine and Metabolic Society (MEMS), Diabetes Malaysia (DM) and Ministry of Health (MOH), Malaysia.



NADI Office:

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Programme Outline*

| 21 April 2017 | | | 22 April 2017 | | | 23 April 2017 | |
|--|--|--|--|--|---|--|--|
| FRIDAY | | | SATURDAY | | | SUNDAY | |
| (0700 – 0815) Registration | | | (0730 – 0815) Registration | | | (0730 – 0815) Registration | |
| (0815 – 0900) Plenary 1 – CARDIAC | | | (0815 – 0900) Plenary 3 – KIDNEY | | | (0815 – 0900) Plenary 5 – EYE | |
| (0900 – 0945) Plenary 2 – FOOT | | | (0900 – 0945) Plenary 4 – FOOT | | | (0900 – 0945) Plenary 6 – CARDIAC | |
| (0945 – 1015) Coffee Break | | | (0945 – 1015) Coffee Break | | | (0945 – 1015) Coffee Break | |
| (1015 – 1215) | | | (1015 – 1215) | | | (1015 – 1215) | |
| Main Symposium 1A CARDIAC | Main Symposium 1B (Sponsor) | Main Symposium 1C FOOT | Main Symposium 3A CARDIAC | Main Symposium 3B (Sponsor) | Main Symposium 3C EYE | Main Symposium 5A GENERAL – Recent Advances | Main Symposium 5B GENERAL – Alternative & Complementary Therapy |
| (1215 – 1315) | | | (1215 – 1315) | | | (1215 – 1315) | |
| Lunch Symposium 1 (Sponsored by Servier) | | Friday Prayers | Lunch Symposium 2 (Sponsored by Farmasia Sdn Bhd) | | | Plenary 7A General – Advances in Prevention & Treatment | Plenary 7B General – Musculoskeletal Disorders |
| (1315 – 1400) Lunch | | | (1315 – 1400) Lunch | | | (1315 – 1400) Lunch | |
| (1400 – 1530) | | | (1400 – 1530) | | | End of Conference | |
| Main Symposium 2A GENERAL – Off Mainstream Complications | Main Symposium 2B GENERAL – Diabetes Complications in Pregnancy | Main Symposium 2C FOOT | Main Symposium 4A FOOT | Main Symposium 4B GENERAL – Early Diagnosis | Main Symposium 4C KIDNEY – Renal Replacement Therapy | | |
| (1530 – 1600) Tea Break | | | (1530 – 1600) Tea Break | | | | |
| (1600 – 1730) | | | (1600 – 1730) | | | | |
| Meet-the-Experts Workshop 1 Lower Limb Pathologies: Diagnosis & Treatment | Grand Round 1 GENERAL – Weight Loss in a Person with Diabetes | Grand Round 2 GENERAL – Acute Kidney Injury | Meet-the-Experts Workshop 2 ECGs in Diabetics | Grand Round 3 EYE – Blurring Vision in a Diabetic | Grand Round 4 GENERAL – DKA in Young Obese Patient | | |

*Subject to change

SCIENTIFIC PROGRAMME BRIEFS*

Participants are free to attend any of the concurrent sessions.

PLENARY

- **Prevention of CVD in Diabetics: The Breaking-News Clinical Trials**
Associate Professor Alice P. S. Kong, HONG KONG
- **Advances in Diabetic Foot Management**
Professor Abdul Basit, PAKISTAN
- **Reno-Protective Anti-Diabetic Drugs: New Insights**
Professor Lesley V. Campbell, AUSTRALIA
- **Adjunctive Therapies and Biologics in Diabetic Wound Care**
Associate Professor Abdul Aziz Mohamed Nather, SINGAPORE
- **The Barriers for Eye Care in People with Diabetes**
Professor Sehnaz Karadeniz, TURKEY
- **Management of Stable Coronary Artery Disease in Patients with Diabetes**
Tan Sri Dato' Seri Dr. Robaayah Zambahari, Institut Jantung Negara
- **Complications in Diabetes: Advances in Prevention and Treatment**
Professor Nor Azmi Kamaruddin, Hospital Universiti Kebangsaan Malaysia
- **Musculoskeletal Disorders in Diabetes Mellitus: An Update**
Professor Choon Siew Kit, University Malaya Medical Centre

*Subject to change

SYMPOSIUM THEMES/TOPICS INCLUDE:

Main Symposium 1A

1. Heart Disease in Diabetics
 - 1.1 Gender Differences in Heart Disease: Clinical Implications in Diabetic Patients
 - 1.2 Managing Heart Failure in Diabetics
 - 1.3 Use of Anti-Diabetic Drugs in Patients with Heart Failure

Main Symposium 1C

2. Diabetic Neuropathy, Ulcers & Ischaemia
 - 2.1 Managing Diabetic Autonomic Neuropathy
 - 2.2 New Treatments of DFU
 - 2.3 Peripheral Arterial Disease: Vascular and Endovascular Options

Main Symposium 2A

3. Off Mainstream Diabetic Complications
 - 3.1 The Lungs in Diabetics
 - 3.2 Urological Complications of Diabetes: Common, Not Commonly Recognised
 - 3.3 OSA and Other Sleep Disturbances: Cause or Effects, Clinical Implications

Main Symposium 2B

4. Complications to Mother and Baby During Pregnancy
 - 4.1 Diabetes-related Pregnancy Complications: Scope of the Problem
 - 4.2 Pre-pregnancy Counselling: Is it Do-able in Malaysia?
 - 4.3 Minimising Risks During Pregnancy in Primary Care

Main Symposium 2C

5. Amputations in Diabetics
 - 5.1 Amputations in Diabetics: Type & Indications
 - 5.2 Pre and Post Amputation Care: Role of Nurses
 - 5.3 Diabetic Amputations: Preventable but Why We Fail?

Main Symposium 3A

6. Acute Coronary Syndromes in Diabetics
 - 6.1 Angioplasty or CABG for Diabetics with AMI?
 - 6.2 GIK Regimen in Management of Hyperglycaemia in ACS: Is It Still Relevant?
 - 6.3 Role of Antiplatelet Therapy in Patients with Diabetes

Main Symposium 3C

7. Managing Diabetic Eye Disease
 - 7.1 Risk Factors for Retinopathy in Diabetic Patients
 - 7.2 Diabetic Eye Disease: Early Detection and Treatment at Primary Care
 - 7.3 Recent Advances in the Diagnosis and Treatment of Diabetic Eye Disease

Main Symposium 4A

8. Management of Diabetic Osteomyelitis
 - 8.1 Clinical Assessment of Diabetic Osteomyelitis
 - 8.2 Imaging: Characteristic Features of Osteomyelitis
 - 8.3 Microbiological Assessment: Common Organisms and Recommended Drugs

Main Symposium 4B

9. Early Diagnosis of Diabetic Complications
 - 9.1 Diabetic Neuropathy and Limb Ischaemia Testing in GP Practice
 - 9.2 Early Nephropathy: Clinical Assessment and Laboratory Markers
 - 9.3 Early Diagnosis of IHD in Primary Care

Main Symposium 4C

10. Preparing Patients with Advanced DKD for RRT
 - 10.1 When to Start DKD Patients on Dialysis – Early versus Late Initiation of Dialysis
 - 10.2 Assessing DKD Patients for Possible Kidney Transplantation
 - 10.3 Dietary Prescription in Different Modes of RRT

Main Symposium 5A

11. Recent Advances
 - 11.1 Incretin-Based Therapies for Diabetic Complications
 - 11.2 Diabetes Drugs Improving Outcome of Diabetic Nephropathy: Recent Evidence
 - 11.3 Anti-VEGF versus Laser Therapy in DR

Main Symposium 5B

12. Complementary and Alternative Therapies for Diabetic Complications
 - 12.1 Acupuncture: Where and for What Complications? Effective?
 - 12.2 Herbal Therapy to Prevent and Treat
 - 12.3 Rethinking Supplementation for Diabetic Complications

MEET-THE-EXPERTS WORKSHOPS

1. Lower Limb Pathology in Diabetics: Clinical Diagnosis & Management

Chairman: Dr. Harikrishna K. Ragavan Nair, *Hospital Kuala Lumpur*
Resource Person: Professor Abdul Basit, *PAKISTAN*

2. ECG Changes in People with Diabetes: Spot Diagnosis, Causes and Treatment

Chairman: Dato' Dr. David Chew Soon Ping, *Institut Jantung Negara*
Resource Person: Associate Professor Alice P. S. Kong, *HONG KONG*

GRAND ROUNDS

1. Weight Loss in Diabetics

- 1.1 Common Causes of Weight Loss in Diabetics
- 1.2 Endocrine Diseases Associated with Weight Loss
- 1.3 Primary and Secondary Investigations for Weight Loss in Diabetics

2. Acute Kidney Injury in Diabetic Kidney Disease

- 1.1 Causes of AKI
- 1.2 Investigation and Treatment
- 1.3 Preventing AKI in Diabetics

3. Blurring of Vision in a Diabetic

- 1.1 Causes and GP Assessment
- 1.2 Diabetic Retinopathy: Treatment Modalities and Indication
- 1.3 Cataracts: Option in Treatment

4. DKA in A Young Obese Patient

- 1.1 Type 1 or Type 2 Diabetes?
- 1.2 Type 2 in Children: Risk Factors for Prevention
- 1.3 Managing DKA in Children

OTHER SESSIONS INCLUDE:

- SPECIAL (SPONSORED) PLENARY LECTURES
- SPONSORED SYMPOSIUMS AND GRAND ROUNDS

- LUNCH SYMPOSIUMS

**Subject to change*

Registration Fees

Registration form is enclosed with this **FINAL ANNOUNCEMENT**. Completed form must be returned with the registration fee to the Secretariat of the **9th "Diabetes Complications" Conference & Grand Rounds** by mail or fax.

Registration fee covers admission to all NADI 9th "Diabetes Complications" Conference & Grand Rounds sessions, conference bag, identification tag and printed materials, Conference & Grand Rounds lunches and tea/coffee breaks. The fees are as follows:

Local Delegates (subsidised rates)

| REGISTRATION | Conference Fee* | GST** (6%) | Total Payable | Please Tick |
|--|-----------------|------------|---------------|-------------|
| Early Bird Registration (before March 1, 2017) | RM650 | RM39.00 | RM689.00 | |
| AFTER March 1, 2017 | RM750 | RM45.00 | RM795.00 | |

International Delegates

| REGISTRATION | | Please Tick |
|--|--------|-------------|
| Early Bird Registration (before March 1, 2017) | USD450 | |
| AFTER March 1, 2017 | USD550 | |

*Subsidised rates **GST (Goods and Services Tax)

Please register early to enjoy "Early Bird" discount for registration.

Registration fee should be made payable to: **National Diabetes Institute**

Accommodation

Special room rates have been arranged for the conference participants from April 21 – 23, 2017 at the following hotels:

- Hotel Istana (Conference & Grand Rounds Venue)
- Pullman Kuala Lumpur City Centre Hotel & Residences
- Grand Millennium Hotel Kuala Lumpur
- Novotel Kuala Lumpur City Centre (Hotel Novotel)
- Holiday Inn Express Kuala Lumpur City Centre
- Hotel Soleil
- Alpha Genesis Hotel

Participants are advised to reserve their hotel accommodation early, **DIRECTLY** with the hotel of their choice. **Please specify that you wish to book as a participant of the National Diabetes Institute 9th "Diabetes Complications" Conference & Grand Rounds in order to qualify for the special rates offered. Please refer to the accompanying leaflet for details.**

Disclaimer:

The National Diabetes Institute or its agents are not to be held responsible for any change in the terms or conditions of the hotel accommodation.

Pre and Post Conference Tours

Pre and Post Conference tours can be arranged by third party providers. Please contact the Secretariat for details.

A. Day Tour

(KULCT) A must for the first time visitors to Kuala Lumpur. Highlights of the tour include: Petronas Twin Towers, King's Palace, National Monument, National Museum, National Mosque, Sultan Abdul Samad Building and the Tudor styled Cricket Club.

(KULBCT) This tour brings you to the outskirts of Kuala Lumpur city. You will visit the well-known Royal Selangor Pewter factory, which is the largest in the world. There will be a brief stop at Batik Centre to see how Batik is designed and printed. The last stop will be at the limestone hills of Batu Caves. It houses a Hindu temple and is visited by thousands of pilgrims and tourists every year.

(KULMAC) Malacca was conferred the status of a UNESCO World Heritage Site in 2008. During your full-day tour of Malacca, you'll go on an adventure through more than 600 years of history, exploring the city formerly ruled by the Portuguese, Dutch and the British.

(KULKFW) In Kuala Selangor, you'll be rowed upstream where you can see thousands of fireflies flickering in mangrove trees lining the banks of the river – a magical sight.

(KULKGE) The first stop is the Aborigine Settlement. Next, you will arrive at Kuala Gandah Elephant Sanctuary, a base for the Elephant Relocation Team.

B. Overnight Tours (3D2N)

(KUL – PEN) Penang embraces modernity while retaining its traditions and old world charm. These are reflected in its harmonious multiracial populace and well-preserved heritage buildings which led to George Town being accorded a listing as a UNESCO World Cultural Heritage Site recently. Long regarded as the food capital of Malaysia, Penang also entices visitors with its beautiful coasts and scrumptious cuisines.

(KUL – CH) William Cameron, a British surveyor who stumbled across the plateau in 1885 during a mapping expedition, discovered Cameron Highlands. Here, you will get a chance to stop at Iskandar waterfalls, to go for a tea bush walk at the Boh Tea Factory and to enjoy some tea and snacks at Tea Ria overlooking the lushful plantation.

For further Information and Updates regarding the 9th "Diabetes Complications" Conference & Grand Rounds, please contact:

The Secretariat (Attention: Ms. Rosmawati / Ms. Azizah / Ms. Amelia / Ms. Su'aidah)



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